



False Creek Racing Canoe Club
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RETURN TO DRAGON BOAT ADULT ACKNOWLEDGEMENT OF RISKS

To: **FALSE CREEK CANOE SOCIETY** (also known as **FALSE CREEK RACING CANOE CLUB**) (“**FCRCC**”)

WHEREAS British Columbia has initiated its four step Restart Plan which allows the resumption of crew training in Dragon Boats, FCRCC has developed a Restart of Dragon Boat Protocol for such training, and

WHEREAS athletes, coaches and volunteers while in attendance at FCRCC activities must make their own decisions as to whether it is in their best interests to resume participation at this time, taking into account their own circumstances, and if they choose to participate, they must fully comply with FCRCC’s Restart of Dragon Boat Protocol.

The undersigned participant hereby acknowledges and agrees as follows:

1. I acknowledge that I have read and agree to comply with the FCRCC Restart of Dragon Boat Protocol.
2. I acknowledge that I am voluntarily participating for my benefit and enjoyment and the excitement associated with Dragon Boat paddling. I acknowledge and accept the risks associated with possible exposure to COVID-19 by entering FCRCC facilities and participating in Dragon Boat practices at this time, and that the measures taken by FCRCC and other participants, including those set out below and under the FCRCC Restart of Dragon Boat Protocol, will not entirely eliminate those risks.
3. I acknowledge that in joining my Dragon Boat team, I will be in close proximity to other members of my team and physical distancing may not always be possible. Accordingly, the members of the team will be relying on each other to comply with the FCRCC Restart of Dragon Boat Protocol, and I have a responsibility to the others in my team to so comply for their safety and well-being.
4. I agree to conduct self-screening symptom checks, and will notify my team captains if I have tested positive for COVID-19, I have experienced any actual COVID-19 symptoms in the last 10 days, or experienced an increased risk of exposure to COVID-19, including through workplace, social or other sports-related exposures.
5. I agree to stay at home if I should be self-isolating, if I feel sick, or if I am experiencing COVID-19 symptoms.
6. I will abide by the Dragon Boat practice scheduling set out by FCRCC for my team to limit the number of people on the Alder Bay dock at any one time.
7. I agree to check-in with my team captains at the start of each Dragon Boat practice and follow their instructions.
8. I agree to wear a mask or face covering at all times on the Alder Bay dock and when “off the water” during Dragon Boat practice:
 - a. from the time of check-in with my team captain until seated in the boat, and
 - b. from arrival back at the dock until I leave the Alder Bay dock after practice, including at all times when disembarking.
9. I agree to avoid physical contact with others during Dragon Boat practices, including shaking hands and high fives.
10. I agree to continue to follow social distancing protocols and stay at least 2 metres away from others during Dragon Boat practices, including persons in my own team, except while on the water or as necessary while wearing a mask or face covering.
11. I agree to bring my own paddle, personal floatation device and hydration and will not share any such equipment during practices. If I do not have my own paddle or PFD, I will use club paddles and PFDs at my own risk.
12. I understand that if I do not comply with the FCRCC Restart of Dragon Boat Protocol, that I may be asked by my team captains to leave a particular practice or multiple practices to help protect myself and others around me.
13. I acknowledge that continued breach of the FCRCC Restart of Dragon Boat Protocol may result in suspension of my Dragon Boat privileges.
14. I also acknowledge that FCRCC may amend the FCRCC Restart of Dragon Boat Protocol upon notice to me and/or suspend Dragon Boat practices in response to public health guidance or otherwise at its sole discretion.

I CONFIRM THAT I AM AT AN AGE OF LEGAL CONSENT, THAT I HAVE READ AND UNDERSTAND THE TERMS OF THIS AGREEMENT BEFORE SIGNING IT. I ACKNOWLEDGE THAT I HAVE BEEN GIVEN THE OPPORTUNITY TO CONSULT A LAWYER FOR INDEPENDENT LEGAL ADVICE.

PRINT PARTICIPANT NAME

PARTICIPANT SIGNATURE

DATE